

## Educational Classes and Programs

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### 2025 Blue Cross and Blue Shield Service Benefit Plan - FEP Blue Focus Section 5(a). Medical Services and Supplies Provided by Physicians and Other Healthcare Professionals Educational Classes and Programs

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**Note:** We state whether or not the calendar year deductible applies for each benefit listed in this section.

#### Benefit Description

##### Educational Classes and Programs

- Smoking and tobacco cessation treatment including:
    - Counseling for smoking and tobacco use cessation
    - Smoking and tobacco cessation classes
- Note: See Section 5(f) for our coverage of smoking and tobacco cessation drugs.

#### You Pay

Preferred: Nothing (no deductible)

Non-preferred (Participating/Non-participating): You pay all charges

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#### Benefit Description

- Diabetic education

Note: See previous information in this section for our coverage of nutritional counseling services that are not part of a diabetic education program.

#### You Pay

Preferred: 30% of the Plan allowance (deductible applies)

Non-preferred (Participating/Non-participating): You pay all charges

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## Benefit Description

*Not covered:*

- *Educational or other counseling or training services, or applied behavior analysis (ABA), when performed as part of an educational class or program*
- *Premenstrual syndrome (PMS), lactation, headache, eating disorder, and other educational clinics unless described earlier in this section as being covered*
- *Recreational or educational therapy, and any related diagnostic testing except as provided by a hospital as part of a covered inpatient stay*
- *Services performed or billed by a school or halfway house or a member of its staff*

## You Pay

*All charges*